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EXTENSION

Institute of Food and Agricultural Sciences

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CLOVER CONNECTION

4-H NEWSLETTER

MAY 2005



Volume 05

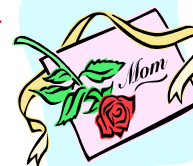
Issue 05

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It's official...Spring is finally here. And what better time of year to get outside and take part in many of the exciting activities 4-H has planned! Okaloosa 4-H'ers have been so busy and we can't begin to tell you how proud we are of all your accomplishments.

Happy Mothers' Day to all our 4-H Moms



May 8th is Mothers' Day. In ancient Greece the Mother of all Gods, Rhea, was honored in springtime festivities. In England, since the 1600's "Mothering Sunday" has been celebrated (the 4th Sunday of Lent). It wasn't until 1872 that Mothers' Day in the United States was even suggested. Julia Ward Howe suggested it be a day of peace. In 1907 Anna Jarvis began campaigning to establish a national Mothers' Day. She started by convincing her mother's church in Grafton, West Virginia, to honor the memory of her mother on the anniversary of her mother's death (the second Sunday in May). The following year Philadelphia also celebrated Mothers' Day. By 1911 Mothers' Day was celebrated in almost every state in the US. Then finally in 1914 President Woodrow Wilson made Mothers' Day an official national holiday, celebrated the second Sunday in May.

AREA A HORSE SHOW RESULTS



Congratulations to ALL our participants at this year's Area A Show in Marianna, April 22-23. The show was a great success, thanks to all the hard work of our volunteers and 4-H parents. Qualifiers from the show will be able to advance to the State Horse Show in Tampa this summer. They are:

Alexa Farris	Leah Guidry
Morgan Goodwin	Katie Marcoux
Caitlin Myers	Olwen Phillips
Shannon Donahue	Lindsey Stephan

Olwen also tied for Sr. High Point—great job!!! Now the group will get together to plan decorations for State... "On the Road to Success" will be the theme for our delegation.

DISTRICT EVENTS RESULTS



Congratulations to all of our District Events competitors. Escambia County hosted the event this year at Pine Forest High School. Everyone did a fantastic job, we are so proud of each of you!!!

Demonstrations/Illustrated Talks

Animal Science

Adam Mooers (Jr.) – Blue Award

Career Exploration, Citizenship, Leadership

(S) Arianna Nelson & Olwen Phillips
(Sr. Team) – Blue Award

Companion Animal

Sarah Ward & Alison Steadman
(Jr. Team) - Red Award

Safety

(S) Katie Marcoux (Sr.) - Red Award

Energy

(S) Corban Pierce (Sr.) – Blue Award

Plant Connections

Nathan Mooers (Jr.) – Blue Award

Public Speaking

Hudson Pierce (Jr.) – Award

Veterinary Science

Kevin Blackmon (Jr.) – Award

Fashion Revue

Clothing Selection

(S) Katie Marcoux (Sr.) – Blue Award

(S) Shannon Donahue (Sr.) – Blue Award

Share-the-Fun Talent Show

Katie Smith (Jr.) – Blue Award

Sarah Ward, Alison Steadman, Kayla Taylor
(Jr. Team) – Red Award

Katie Marcoux (Sr.) – Red Award

Arianna Nelson, Laurel Nelson, Natalie
Fleming (Sr. Team) – Blue Award

*Congratulations to our graduating
seniors...*

*we wish you
every
success!!!*



FRED W. BARBER COLLEGE SCHOLARSHIP OFFERED



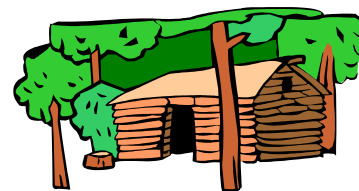
Once again the Okaloosa 4-H Foundation is honored to be able to offer the *Fred W. Barber College Scholarship*. This \$1000 award will be given to a deserving 4-H club member, who is a graduating high school senior. Don't miss out on this wonderful opportunity. If you are graduating this year and plan to attend a community college or university, call us today for a scholarship application. ***The deadline to apply is June 15th.***

CAMP COUNSELOR TRAINING

Our county summer camp is just around the corner...scheduled for June 27-July 1. We will need 4-H teens age 14 and older to serve as Camp Counselors. This is a wonderful opportunity for you to meet your community service requirements for college scholarships. To be selected as a Camp Counselor you are required to attend Camp Counselor Training, May 14th in Bay County, 10 am-3 pm. We will meet at the Extension Office and lunch will be provided. If you are interested in serving as a Camp Counselor please call the 4-H Office today for more information.

AN EXCITING SUMMER AHEAD!!!

Summer is just around the corner and 4-H has some exciting camps for you to attend at Camp Timpoochee. You won't want to miss out on all the great adventures planned...so give us a call and request registration information **today!** Camp fees include meals, board, canteen each day, craft supplies and a camp t-shirt.

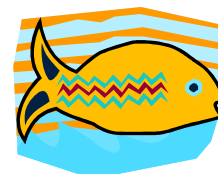


County Summer Camp, June 27-July 1

Join us for a great 5 days of snorkeling, swimming, marine science, fishing, canoeing, nature studies, orienteering, aquaculture, crafts and much more! This year we will be camping with Calhoun and Gulf Counties. Campers must be between the ages of 8-13 as of September 1, 2004. The cost is \$145, and the deadline to register at the Crestview 4-H Office is Tuesday, May 31st.

State Marine & Sport Fishing Camp, July 4-8

Another opportunity for youth to have a great time learning about our wonderful marine life. Canoeing, snorkeling, seining, swimming and sport fishing sessions are some of the exciting activities planned. This camp is open to youth ages 8-13. Cost of camp – \$200 for 4-H members, \$215 for non-4-H'ers, if balance is paid by 6/17, \$235.00 if balance is paid between 6/18-7/4.



State Marine Camp, July 18-22

This is the traditional marine camp the State 4-H Program has offered for many years. Canoeing, snorkeling, seining, swimming and fishing are just some of the fun activities offered. This camp is open to youth ages 8-13. Cost of camp – \$200 for 4-H members, \$215 for non-4-H'ers, if balance is paid by 7/1, \$235.00 if balance is paid between 7/2-7/18.

Use Your Head, Protect Your Head



Are you too “cool” to wear a Helmet? Well I’m not and I’ll tell you why!

Let’s use some common sense – helmets protect your head. Inside your head is your brain – the organ that controls your entire body. It’s real important! Most head injuries happen when people fall and hit either the ground or something on the ground.

Certain sports and activities increase your chances of head injury such as bicycling, horseback riding, inline skating, skateboarding, ATV riding and so on. When participating in these activities it is recommended to wear a helmet. While participating in these activities in 4-H it is required that you wear a helmet. Why do we require helmets? It isn’t just because of liability concerns. We require helmets because we care about your safety and your future. A helmet absorbs the force of the impact that would be hitting your head. One fall or accident without a helmet can ruin your future. At horse camp one year, we had an 8 year old girl get kicked in the head by her horse. Luckily she was still wearing her helmet and just got a goose egg.



Since helmets are so important, you will want to carefully select the right helmet for you. Different sports require different helmets. Horseback riding helmets should be ASTM/SEI certified. Bicycling, skating and skateboarding helmets should have a CPSC sticker. Helmets have an expiration date because the foam over time breaks down. Be sure to replace your helmet after an accident or every 5 years or if you see any cracks in the foam.



Next make sure you find a helmet that fits and wear it properly. The helmet should be snug. It should not slide front to back or side-to-side. Newer helmets have adjustments you can make to help it fit snugly. It should be worn directly on top of your head (not tilted back) and should be level. It should be stable. Always keep your chin strap buckled and tight. It won’t help you if it slips or falls off!!

Even small head injuries over time can cause problems like memory loss, loss of vision, and so on. The most important thing we can do to prevent head injuries is to wear a helmet. After a head injury, you should not do anything to risk hitting your head again until it has healed. Cuts, bruises and broken bones heal in time, but a brain injury can last a lifetime.



So Use Your Head, Protect Your Head!

PROJECT BOOKS AND RECORD BOOKS DUE



ALL project and record books (including horse books) are due **Thursday, June 30th**. Call or come by the office to pick up your record book forms. We have record book covers available (\$1.95 each). Remember those completing a project book will be invited to the Awards Banquet with their families, and be recognized for their accomplishment.

Need help completing a record book? For those of you who are going the extra mile and plan to do a record book...here are a few tips to follow:

1. Write or print in neat and legible handwriting.
2. Include all 4-H activities and projects. You should submit a Project Completion Plan with each project.
3. You should have a record book cover.
4. Inside the cover:
 - Use section dividers or tabs to divide areas.
 - Include cover page with personal photo, name, address, age and club.
 - Include 4-H Project Record—Level 1-4 depending on age (we have these at our office).
 - Include Project Story—a brief summary of your project.
 - Include completed project book and project photos (labeled - limited to three pages one side only) Photography projects may include up to ten additional pages.
 - Do not include ribbons, certificates, mementos, correspondence from our office, or news articles unless written by you.

We look forward to seeing some outstanding project and record books this year!



Hot Wings Club— Our club will be postponing our field trip to Geneva until after breeding season for the game birds. We are going to go in the fall. Mrs. Jennifer came to our meeting and went over “How to fill Out a Record Book,” and the importance of turning one in. Thank you to the Steinfath’s for bringing refreshments.

Honor Club— Our next club meeting will be May 17th. Hope to see everyone there!

Just Kidding Goat Club— On April 11th we had our club meeting/tanning clinic at the Mooers’ house. With it being such a sunny day, we all got really nice tans! (Just kidding!) Actually, we all worked on a freshly tanned sheep hide, scraping it and preparing it for drying. These hides turn out very nice and the work that goes into it is worth it in the end. An added benefit is that the chemicals we use are non-toxic! Two of our members participated in County Events and will be going on to District...Good Luck to them and all other Okaloosa 4-H’ers who will be going to Pensacola on April 30th.

4-H Calendar

May	7	Pet Show sponsored by 4-H Country Club, Southside Animal Hospital, Crestview
	8	Mothers' Day—we love you, Mom!
	14	Camp Counselor Training, Bay County
	31	Deadline to register for County Summer Camp
June	15	Deadline to apply for Fred Barber Scholarship
	27-July 1	County Summer Camp, 4-H Camp Timpoochee Florida 4-H Legislature, Tallahassee
	30	Project and Record Books are due today!
July	4-8	State Marine & Sport Fishing Camp, 4-H Camp Timpoochee
	7-9	State 4-H Horse Show, Tampa
	18-22	State Marine Camp, 4-H Camp Timpoochee
	25-29	4-H State Congress, UF Campus, Gainesville

"4-H is a community of young people...

across America...

who are learning leadership, citizenship

and life skills"



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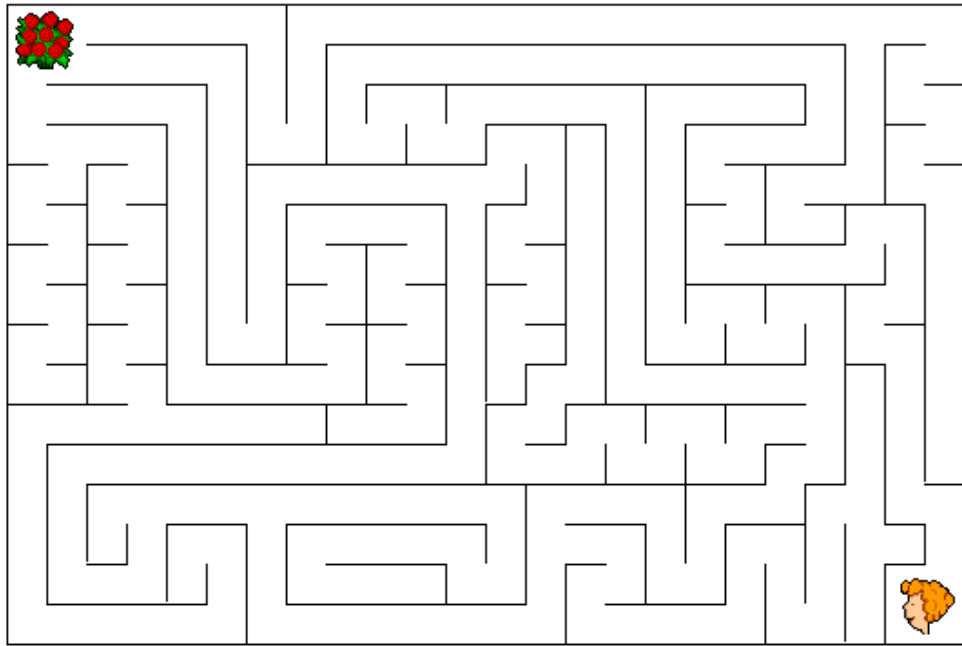
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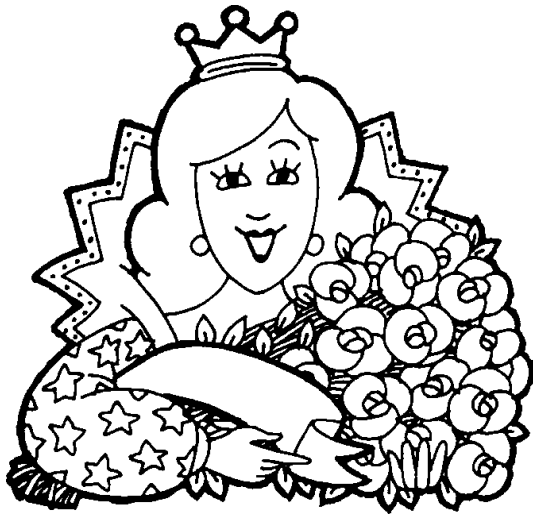
Mothers' Day Holiday Fun



Take some roses to Mom

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Color Me!



Things That Mom Does



ADVISES
 ARRANGES
 BELIEVES
 CLEANS
 COOKS
 DRIVES
 EVALUATES
 HELPS
 HUGS
 KISSES
 LAUGHS
 LISTENS
 LOVES
 PAYS BILLS
 PRAISES
 PRETENDS
 READS
 REMINDS
 SMILES
 TEACHES
 TRAVELS
 VALUES

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C	A	N	P	C	I	G	C	V	E	U	I	L
U	Q	L	S	V	L	P	A	A	S	Z	V	E
B	E	S	D	N	E	T	E	R	P	M	E	S
H	G	A	E	Z	B	S	T	T	P	L	S	Z

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